

Review of the Individual Wellbeing Report: User Engagement

1. The [Individual Wellbeing in Northern Ireland publication](#) provides estimates for people aged 16 and over across four different areas that reflect individual wellbeing. The areas of wellbeing included in the current report are:
 - Loneliness – the frequency with which people report feeling lonely.
 - Self-efficacy – a person’s belief about their capabilities to exercise influence over events that affect their lives.
 - Personal wellbeing – how satisfied people are with their lives, their levels of happiness and anxiety, and whether or not they think the things they do are worthwhile.
 - Locus of control – the degree to which a person feels in control of their life. Individuals with an internal locus of control believe in their own influence and control while those with an external locus of control believe control over their lives is determined by outside factors.
2. The Individual Wellbeing publication has evolved over a number of years in response to user needs and feedback. The first report was published in 2019/20 to improve the accessibility of the data and enable easier comparison across the individual wellbeing measures. Since then, a series of improvements have been made to enhance the user experience.
3. These improvements include the development of the [Individual Wellbeing in Northern Ireland Dashboard](#), which provides users with easy access to results for all available subpopulation groups. In addition, the report was published in HTML format for the first time in 2023/24, improving accessibility and usability.
4. We are seeking feedback from users of the Individual Wellbeing publication and its associated outputs to ensure they continue to meet user needs and provide ongoing value. Feedback gathered will help inform future developments and ensure these Official Statistics remain relevant and fit for purpose.
5. As part of this, we are seeking views on a number of potential changes. These include:
 - Reducing the range of subpopulation breakdowns presented in the report, with future reporting focused on Section 75 groups, urban/rural, deprivation, Local Government District (LGD) and Assembly Areas (AA).
 - The potential removal of the Locus of Control measure from the report, or continuing to provide this data at Northern Ireland level only.
6. Loneliness, Self-efficacy and Personal Wellbeing measures would remain unchanged at the Northern Ireland level, as would the reporting of all available Section 75, urban/rural,

deprivation, LGD and AA breakdowns. However, we are proposing the removal of some other subpopulation breakdowns. These include:

- General health
 - Employment status
 - Qualification level
 - Number of people in household
 - Housing tenure
 - Access to the internet
 - Access to a car
7. Implementing the proposed changes above would allow us to explore the possibility of publishing more granular data which users have identified as a key priority. For example, further breaking down the Individual Wellbeing metrics by different demographic groups within the LGDs where data allows.
8. The related indicators in the [PfG Wellbeing Framework](#) for Loneliness, Self-efficacy and Life satisfaction will not be affected by these proposals.
9. We welcome any feedback on these proposals and on how the Individual Wellbeing publication and its associated outputs can best meet your needs in the future.

If you have any queries, please contact:

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