

Delivering Social Change

Tackling poverty and social exclusion



Northern Ireland
Executive

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DELIVERING SOCIAL CHANGE

Stakeholder Newsletter

November 2017

Introduction and Contents

The Delivering Social Change Communications Team are pleased to provide you with the Latest Stakeholder Newsletter.

In this months newsletter we have a range of items, from a new project to support the mental health of young people, the Early Intervention Support Service, the EITP 3+ Review, Urban Villages new FOCUS magazine, and Nominate now for Urban Villages Community Awards.

Please do let us have your feedback and any suggestions for items or areas of interest you would like us to include next time.

Please contact us at:-

dsccomms@executiveoffice-ni.gov.uk

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Social Investment Fund – New Project Launched

Supporting the Mental Health of Young People

A new Social Investment Fund project supporting young people’s mental health was recently launched in Carrick Model Primary School in Carrickfergus on 7 November.



From left, Jaye Pollock, Cameron Fitzgerald, Jennifer Miller, principal Carrick Model, Dylan Sproule, Sarah Boyd, Kieran Mulvenna, principal Carrick Grammar, Stuart Crooks, Evie Coates

Social Investment Fund – New Project Launched

Supporting the Mental Health of Young People

The Mental Health 'Initiative' project has received funding of £948k from the Social Investment Fund to deliver a range of services across the SIF Northern Zone, which broadly mirrors the Northern Health and Social Care Trust boundary.

It will improve emotional resilience and provide information, support, training and signposting for a range of mental health and wellbeing

support services and initiatives for 8 to 25 year olds and their key contacts.

The project targets those living in areas within the top 10 per cent of most deprived Super Output Areas on the Multiple Deprivation Measure, specifically children and young people living in the Coleraine, Newtownabbey, Carrickfergus, Ballymena, Antrim and Larne areas.



(From left) Jaye Pollock, Siobhan Broderick from The Executive Office (Social Investment Fund), Sarah Boyd, Helena Bracken, Project Manager with Nexus NI, Eileen McGovern, CWSAN, Chief Executive of Action Mental Health, David Babington, Dylan Sproule, William Adamson, Chair of the Northern Zone Steering Committee and Evie Coates.

The young people are from Carrickfergus Model PS and Carrickfergus Grammar School, both involved in the project.

Social Investment Fund – New Project Launched

Supporting the Mental Health of Young People

The Initiative will deliver free mental health awareness and resilience training, internet safety, sexual abuse and exploitation education for almost 6000 young people aged from 8 to 25 in schools, youth clubs and through key contacts.

The project will run for two years until March 2019. Some 1700 Key Stage 2 children (Primary 5 to 7) will receive the ground-breaking training, while approximately 2700 children at post primary level (years 8-12) will also undergo the programme. The unique training package will also be delivered to some 1380 teenagers from 16 years up to 25 through youth club groups, parents and carers.

As training will include mental health awareness and resilience training; bespoke resilience workshops – like building resilience to cope with exam stress, self-esteem for the group; and education on sexual abuse and exploitation, the need and potential impact of a project such as this cannot be disputed.

We believe the project will be a huge success and look forward to sharing the outcomes on completion.

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# Early Intervention Transformation Programme

## - Early Intervention Support Service

*The Early Intervention Transformation Programme (EITP) is a Northern Ireland Executive/Atlantic Philanthropies Delivering Social Change Signature Programme, funded jointly by the Delivering Social Change fund, DoH, DE, DoJ, DfC, DfE and The Atlantic Philanthropies.*

EITP aims to improve outcomes for children and young people across Northern Ireland through embedding early intervention approaches.

Within EITP the Early Intervention Support Service (EISS) aims to support families when problems first emerge, before they become

embedded or before statutory services are required.

The EISS provides a range of supports tailored to the needs of each individual family's specific circumstances.

This is achieved through a key worker who works with the whole family usually in their own home using a needs led, strengths based approach which is individually tailored to the needs and priorities of the family.

### Belfast Early Intervention Stakeholders Event at Niacro Belfast



**Back Row: Maurice Meehan, PHA; Laura Neeson, QUB; Ciara Hunter, Project Worker EISS; Donnie Sweeney, Niacro; Katherine Lane, Project Worker Niacro.**

**Front Row: Naomi Davis, Senior Practitioner EISS; Karen Winter, QUB; Amanda McLean PHA; Rebecca Duncan, Project Worker EISS.**

# Early Intervention Support Service

## Southern Early Intervention Stakeholders Event at Niacro Portadown



**Back Row: Ronan Garvey, Senior Practitioner Niacro; Kala Hodgen, Project Worker EISS; Emma McKerr, Project Worker EISS; Lisa Grant, Project Worker EISS.**

**Front Row: MaireClare McCann, Project Worker EISS; Amanda McLean, PHA; Cailin Miller, Project Worker EISS**

The EISS has been developed as a locally tailored EISS closely aligned to the Family Support Hub (FSH) network.

The overarching model has been replicated across the five pilot sites across Northern Ireland (one per Health & Social Care Trust) to a greater or lesser extent to meet local needs allowing for the model to be modified and built upon.

EISS is being provided by a range of voluntary organisations including Action for Children, Barnardo's, Niacro & SPACE.

The EISS works with families for a time limited period – approximately 12 weeks.

A range of both hands on practical and therapeutic interventions including Motivational Interviewing, the Solihull Approach and Solution Focused Brief Intervention Therapy are used.

The EISS has access to a range of parenting and support programmes including Strengthening Families and Incredible Years and also Family Group Conferencing.

# Early Intervention Support Service

## Outcomes

The effectiveness of the EISS is measured through a results-based and performance management framework utilising a range of assessment tools including the Outcomes Star™ and an Outcomes Based Accountability Model.

### *Some of the Key Findings from August 2015 – September 2017 include:-*

- **Referrals**

1,409 referrals made to the EISS from a variety of sources including Family Support Hubs, self-referrals, Health Visitors, Schools, General Practitioners; Education Welfare Service & Child & Adolescent Mental Health Service

- **Families Supported**

1,082 (77%) received support from the EISS: -

- ◆ 903 (84%) successfully completed the intervention
- ◆ 132 (12%) disengaged from the EISS Or moved out of the area
- ◆ 47 (4%) escalated to Gateway

- **Therapeutic Interventions**

Therapeutic sessions delivered by EISS project workers using the Solihull Approach, Motivational Interviewing and Solution Focused Brief Intervention Therapy account for 95% of the interventions used within the EISS of there were:-

- ◆ Individual parent/child sessions - 2,179 (55%)
- ◆ Family sessions - 1,797 (45%)

- **Outcomes Star™**

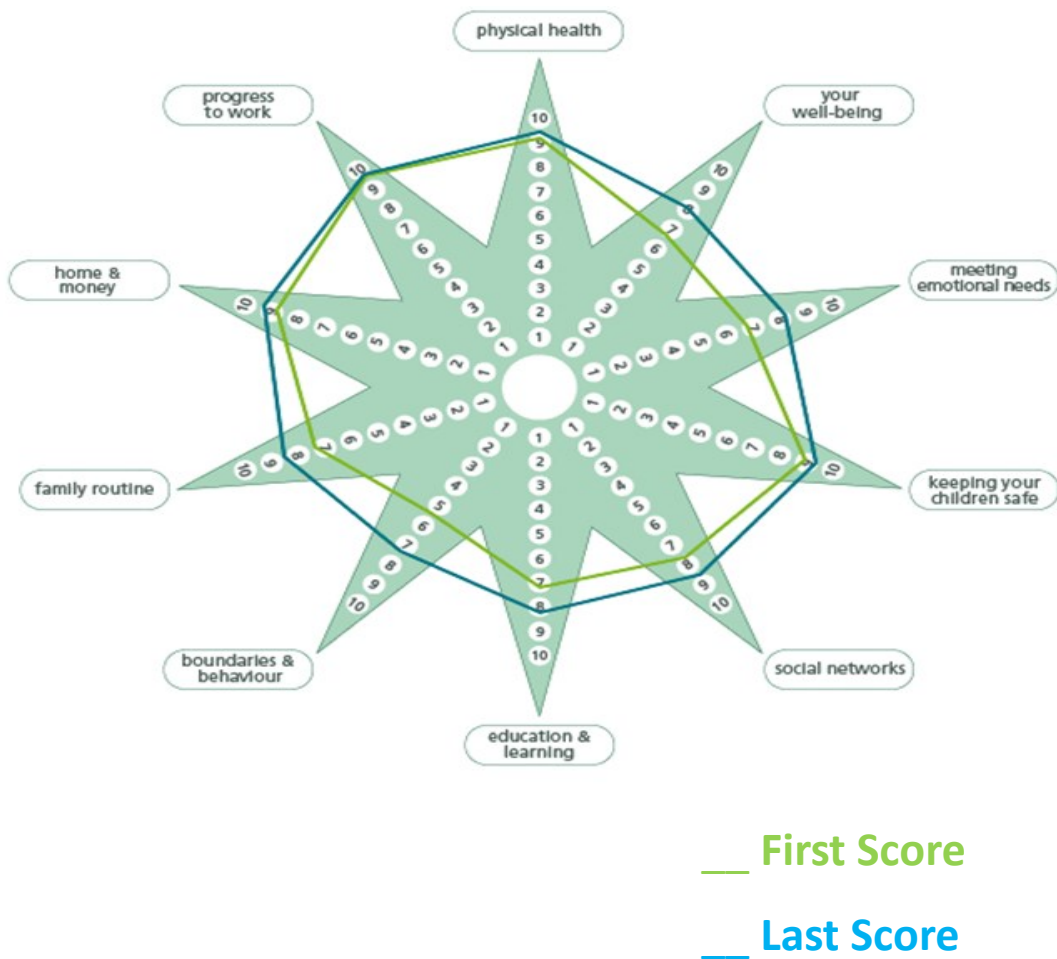
See the following pages for details.



# Early Intervention Support Service

## Outcomes Star™

The Family Outcomes Star Plus™ is the tool used to demonstrate distance the effectiveness of the EISS Intervention. A “big” increase or decrease is defined as moving more than one point up or down an area on the star.



The Family Outcomes Star Plus™ above shows the average first and last scores for 799 families included in the report.

# Early Intervention Support Service

## Service User Feedback

**Young Person:** *“At home things have gotten better with me and my mum.”*

**Lower North Belfast Family Support Hub:** *“An invaluable service that is an that is an essential part of our Hub network. Our most commonly requested service is for home visitation packages and EISS provides this with empathy and professionalism whilst keeping the family at the centre of their work.”*

**Mum:** *“Changed our lives! Couldn’t rate (worker) highly enough!”*

**School Principal:** *“The service has been invaluable for pupils and families, I don’t know where I would have turned to if EISS was not there. There has been great changes in pupils directly supported by EISS.”*

**Speech Therapist:** *“I’m so glad I found this service for my families; it is so needed. Families that I have referred to the you have given me such positive feedback about the support given, and I wasn’t even sure they would engage when I referred them to you!”*

**Year Head, Secondary School:** *“It’s great to have a service that offers support to the whole family, rather than just a child or parent. I have seen real changes in the young person that I referred to EISS and know that his home life has improved as well.”*

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Research Evaluation

An evaluation of the EISS by Queen’s University Belfast is currently in progress which includes a process evaluation running alongside an outcomes study which will seek to capture the journey travelled by the parents in contact with the service and also to gain the perspectives of those delivering the service. A draft report of the main outcomes will be available at end January 2018 & a main evaluation report at the end of March 2018.

Early Intervention Transformation Programme (EITP) - 3+ Review

As part of EITP Work Stream 1, the 'Getting Ready For Baby' and 'Getting Ready For Toddler' Projects go hand in hand as part of this Early Intervention programme.

In 'Getting Ready For Baby', the EITP implementation managers recently won a

poster presentation competition with their 'Getting Ready for Baby Together – Group Based Antenatal Care and Education' poster at the '**Actions Speak Louder than Strategies**' All Ireland Annual Midwifery Conference hosted by the Royal College of Midwives NI / Irish Nurses and Midwives Organisation – *a great achievement at national level!*

Implementation Managers with their winning poster at the NI Annual Midwifery conference



Pictured: Barbara Strawbridge from Northern Health and Social Care Trust, Paula Boyle from Southern Health and Social Care Trust and Jackie McBrinn from Belfast Health and Social Care Trust

3+ Review

'Getting Ready For Toddler' focuses on giving all children the best start in life by equipping parents with the skills to assist their child's physical, emotional and educational development.

In collaboration with the pre-school education sector there is now a named Health Visitor for each pre-school education setting.

A Health Visitor will contact the pre-school setting once per term to discuss any relevant health issues.

To date, this facility has been valued by the pre-school education sector and parents.

In a recent survey 80% agreed that the Named Health Visitor approach has helped improve partnership working between health and education, for improved outcomes for children.

In addition, a **3+ Health** review has been introduced on a phased basis where 4,436 children and parents have engaged in the health review.

Parents complete an Ages and Stages Social and Emotional Questionnaire in their own home and are then offered an opportunity to meet with the health visitor in the pre-school setting.

Mum , son and Health Visitor at the 3+ Review in pre-school setting



A Parent's feedback:-

"The information that was provided helped us to get a greater understanding of the child's needs and how we could support them."

3+ Review

The 3+ Review has also been a successful programme for the nursery and pre-school sector where the Named Health Visitor has been allocated...

A teacher discusses the Ages and Stages Social and Emotional Questionnaire with a mum before completing it at home



A Principal's feedback:-

"A fabulous team. I particularly feel the benefit of multi-agency support – thank you!"

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# Urban Villages Initiative

## New community facility opens in Lagmore

A new, purpose-built community facility has been officially opened in the Lagmore area of west Belfast.



### Cutting the Ribbon!



**Pictured: Councillor Deirdre Hargey, Belfast City Council; Dr Mark Browne of The Executive Office, Éamonn Scott and Maire Scott from Lagmore Community Forum.**

## New community facility opens in Lagmore

The new facility, in the grounds of Christ The Redeemer Church, will be home to the **Lagmore Community Forum**, and will be the organisation's first purpose built premises since it was founded in 2000.

The building will also provide a much needed space for a number of other local groups, including Youth Services, Sure Start, a children's drama club, a parents' support group and a special needs early years support group all providing vital services for people in the local community.

Working closely with the local community, this building, which was funded by the Urban Villages Initiative and delivered by Belfast City Council.

**The building was officially opened on Thursday 16 November, by Éamonn Scott, the founding Chairperson of Lagmore Community Forum and Dr Mark Browne, Director of Strategic Policy, Equality & Good Relations in The Executive Office.**

**Speaking at the event, Éamonn Scott said:**

*"Today is a good day for the people of Lagmore, a long awaited and much needed facility for our community. As well as providing a base for Lagmore Community Forum, it also creates a safe place for local groups to meet and we are already experiencing extremely high demand for the facility. Thank you to everyone who made this possible."*

The Urban Villages Initiative is a key action within the Northern Ireland Executive's 'Together: Building a United Community' Strategy.

**Mark Browne of the Executive Office commented;**

*"It is wonderful to see this new facility up and running. The Urban Villages Initiative has worked tirelessly with the local community and Belfast City Council to make this space available to Lagmore Community Forum. It is much needed and will be a fantastic asset for the whole community."*

*"The Urban Villages Initiative is continuing to invest in the Colin Urban Village area through the Transport Hub and Civic Square, the Twinbrook Link and the new park on the Stewartstown Road, alongside a range of significant community-led projects which will have a positive impact on the local community."*

**Councillor Deirdre Hargey, Chair of Belfast City Council's City Growth and Regeneration Committee, added:** *"The Council is delighted to have worked with the Lagmore Community Forum and the Urban Villages Initiative to deliver this wonderful project, and to finally provide a permanent home to the Forum after all these years."*

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Urban Villages FOCUS Magazine

The Urban Villages Initiative has launched the first edition of the Urban Villages FOCUS Magazine, one for each Urban Village area.

The magazine will showcase some of the great work that people in the Urban Village communities are doing, not only to make a difference in their own lives but also to impact on others who live, work and visit their areas.

The Urban Villages FOCUS Magazine will tell you what's happening across the Urban Village Areas in Belfast and Derry~Londonderry.

The stories in the magazines come from community groups and individuals in Urban Village areas. We want this magazine to reflect the great things that are happening where you live and we welcome your comments and ideas!

First Issue Cover Stories...



If you would like to receive future editions of FOCUS Magazine, sign up at:

info@urbanvillagesni.org or contact us at The Urban Villages Initiative, Room E4.15, Castle Buildings, Stormont, Belfast, BT4 3SR.

The magazines are also available to read online at <https://www.executiveoffice-ni.gov.uk/publications/urban-villages-focus-magazine>

Nominate now for the Urban Village Community Awards



The Urban Villages Community Awards celebrate the people, organisations and places making a difference across the five Urban Village areas.

- The awards are not just about highlighting the projects, activities and people supported by the Urban Villages Initiative, but also any project or activity that is making a difference in Urban Village areas.
- Nominations can highlight individuals or people living or working within Urban Village areas; or organisations, places or projects based in each Urban Village area. Individuals can highlight the difference they have personally made or that of the organisation or project they're involved with.
- There is still time to nominate the person, project or place which you believe is making a positive impact in your area.

Applications and nominations must be submitted by **5pm Friday 8 December 2017**.

Nominate online: <https://www.executiveoffice-ni.gov.uk/community-awards>

Nominate now for the Urban Village Community Awards



The Award Categories



Youth Achievement Award

Recognising achievement by an individual (under 25 years old) or project involving young people which has made a positive difference in the community.



Education and Learning Award

Positive impact of school based approaches or organisations and projects helping learners of any age and all types to achieve their full potential.



Sport and Physical Activity Award

The role of sport and physical activities in building confidence, bringing people together or improving health and well-being.



Nominate now for the Urban Village Community Awards



The Award Categories



Celebrating Diversity Award

Activities which improve relationships between and within communities; connect people from diverse backgrounds or build understanding of different cultures and beliefs.



Creativity and Innovation Award

Using arts, creativity and other innovative approaches to help communities to work together to tackle social challenges and community issues.



Thriving Places Award

Buildings, meeting places or projects involving innovative design or use of public spaces which bring residents and visitors together in shared and safe places and provide focal points for improving community confidence and pride.

Applications and nominations must be submitted by
5pm Friday 8 December 2017.

Nominate online: [https://www.executiveoffice-ni.gov.uk/
community-awards](https://www.executiveoffice-ni.gov.uk/community-awards)



Further Information and Contact Details



Would you like to read previous issues of our newsletter?

Previous editions of the Delivering Social Change Stakeholder Update are available at:

<https://www.executiveoffice-ni.gov.uk/publications/delivering-social-change-stakeholder-updates-2015-17>

You can contact us by.....

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